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MEDICAL HISTORY FOR HOMOEOPATHIC TREATMENT

INTRODUCTION

- 1. For finding out a correct Homoeopathic Remedy, lots of information with regards to the Complaints & the personality of the person is required.
- Incomplete information will make correct choice difficult. You are, therefore requested to supply all information without keeping back anything as irrelevant or of little importance. The information you supply will assist me to define & thoroughly understand your problem. Full co-operation is therefore requested. <u>All the information supplied</u> <u>is, of course, strictly confidential.</u>

PRELIMINARY INFORMATION

Name in full, Address, tel no, email , Date of Birth, Male/Female, Single /Married or widowed since when/Divorced since when, Religion/community /sect, Vegetarian/non-vegetarian/Vegan, Habits &Addictions-tea, coffee, liqueors, beer, whisky (please state the quantity consumed daily)

Educational career & qualifications. Occupation current and previous with full description of responsibilities and job satisfaction, address and telephone no. Description of the current family set up, full detail pertaining to all the members, their ages, location, work they are doing and your relation with responsibilities for them. Include in your list those who have died, stating the age of death, the year and the cause of the same.

Your daily routine from getting up in the morning to retiring at night. Include in this your dietary schedule furnishing full details in respect of the quantities consumed. Financial responsibilities & strains (present as well as past). Difficulties experienced at the place of work/family/social environment (give a full account).

CHIEF COMPLAINT

Describe fully what bothers you most. Each trouble should be detailed as under:

Full description of the trouble right from the time of onset. It's subsequent development and spread and response to treatment taken. This should give the full detail of:

- Area affected: Location, extension, direction of spread, and the march of events.
- Sensation experienced in the area of trouble.
- Conditions that have brought on the trouble: examine the circumstances that happened just before or at the time of onset paying attention to the physical as well as emotional factors.
- Conditions that increase the trouble or those that relieve it.

Other troubles experienced at the same time along with the main trouble for example perspiration/nausea/vomiting.

OTHER COMPLAINTS

Describe here all other troubles you might be having or have in the past experienced. Each should be described fully as suggested above for the Chief Complaint.

PERSONAL DATA

Give a full account of the following:

- Physical description of self.
- Emotional nature & intellectual attainments and aspirations. Indicate to what extent you have been able to realise them. Give a clear - cut picture of your relationships with the family members, friends and associations. Give a full idea of your responsibilities in life and what you feel about them.
- Reactions to surroundings.

-Food: desire and aversions, foods that do not suit, etc

-General environment: weather, temperature, bath, recreations, and addictions

-Sleep and Dreams

-Sex (inclusive of menstrual & obstetric history).

PREVIOUS ILLNESS

Give an account of the various illnesses you have had and to what extent these have bearing on present troubles.

FAMILY HISTORY

Data concerning the Parents, Brothers and Sisters. State details concerning the health of wife /husband and children.

GENERAL COMMENTS

Please enclose medical reports & investigations done in the past.

Thank you DR SHAH

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Kindly book your appointment after you have forwarded the information to above address.